Hunger in the Bay Area: How San Jose State University Addresses Food Insecurity

By Kristen Wonder, Campus Sustainability Coordinator and Co-chair of the Student Hunger Committee
Student Hunger Committee

To address food insecurity within our campus community, in efforts to empower SJSU students to succeed academically.
SJSU CARES

If you're an SJSU student who is experiencing an unforeseen economic crisis, SJSU may be able to help identify and connect you to resources.

Emergency Assistance  Housing Assistance

Food Assistance  Medical Assistance
Survey

- SJSU Survey (2014)
  - 1 in 3 students are food insecure

- CSU Campus-wide Survey
  - 1 in 5 students are food insecure
  - 1 in 10 students are housing displaced
• Donation boxes in all campus eateries

• Online donations from students, current employees, alumni, and outside donors

• Food Drives

• Raised over $55,000
Food Shelves

• 15 Food Shelf Locations in various departments/centers
• Non-perishable food items
• Stock bi-monthly with Costco food items
CESAR CHAVEZ COMMUNITY ACTION CENTER GARDEN
Breakfast Clubs

- Peer Connections Breakfast Club
  - 10am – 1pm at the Student Services Center
- Food for Thought
  - 9am-5pm in the Wellness Lounge room
CHEW
Cooking Healthy, Eating Well

• Cooking classes in the Student Wellness Center Demo Lab
• Free to SJSU students and are served with FREE food and giveaways
• Students may be eligible for a free food debit card
• Food debit cards are usable at most grocery stores and farmers’ markets
• Weekly drop-ins to help with applications
• Apply online at www.mybenefitscalwin.org
STARTING SEPT 28TH

MOBILE

FARMERS' MARKET

WEDNESDAYS • 12:00 pm - 1:00 pm

At the 7th St. Plaza,
Outside the Student Wellness Center

SAN JOSE STATE UNIVERSITY
JUST IN TIME
MOBILE FOOD PANTRY

- Fresh fruit, vegetables, milk, meat, grains
- First Monday of every month in the Event Center
- Requirements: SJSU Student and annual income below $23,540
- 10,000-15,000 pounds of food
JUST IN TIME STATISTICS

Top Pie Chart:
- 30% December Only Participant
- 70% Return Participant

Bottom Pie Chart:
- 70% Resident
- 28% International
- 2% Non-CA Resident

International includes F1, J1, J2, U, & EA
EDUCATION AND RESOURCES

• Classroom Presentations
• Tabling at Campus Events
• Twitter
• Website
  • On-campus resources
  • Off-campus resources

Food Shelf Dishes

 Unsure how to create simple, balanced meals using items found on our food shelves? Have no fear! We’ve put together short demonstration videos featuring many of the items commonly found at our food shelf locations. You can watch these 1-2 minute videos by clicking on the videos below or by going to our SJSU CHEW YouTube page:
https://www.youtube.com/channel/UCQ5T292W5JWJnX1Sv5Rhm9A

To enlarge videos to full screen, click on the YouTube logo once video is playing.

Lentils and Rice
Macaroni and Cheese
Pasta with Protein
Rice and Baked Beans
Cold Tune Wrap
Turkey Chili Burritos

SJSU SAN JOSE STATE UNIVERSITY
Partnerships

- On-campus
  - Spartan Shops Dining Services
  - Student Affairs
  - Athletics
  - Foundation

- Off-campus
  - Food Banks
  - Shelters
CONTACT

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